

## Daily Schedule for Pre-School 2018-2019 Transition Class (5 year olds)

08.00-08.30	Arrival and Greetings
08.30-08.45	Clean up and wash hands
08.45-09.00	Breakfast ( warm kasha and milk rice)
09.00-09.20	Morning Circle Time
09.20-09.50	Morning Lesson
09.50-09.55	Wash hands
09.55-10.15	Snack time( juice and cookie)
10.15-10.50	English/Math
10.50-11.30	Additional classes
11.30-11.40	Bathroom Break
11.40-12.10	1 <sup>st</sup> court (Soup with bread and nana)
12.10-12.20	Brush teeth
12.20-13.00	Outside
13.00-13.20	Clean up and bathroom break (Drink water )
13.20-13.50	Afternoon lesson
13.45-14.00	Wash hands
14.00-14.20	2 <sup>nd</sup> court (meat, rice and noodles. Vegetables or Fruit)
14.20-14.30	Brush teeth
14.30-14.55	Afternoon lesson
14.55-15.15	Closing Circle Time
15.15-15.30	Wash hands
15.30-15.50	Snack time( milk or yogurt with biscuit)
15.50-16.00	Early leave
16.00-16.30	Free time play
16.30-16.45	Wash hands
16.45-17.00	Snack time( water with biscuit)
17.00-17.30	Story time
17.30-18.00	Prepare for dismissal and play

## Daily Schedule for PS 2018-2019 First step and Foundation classes (3&4 year olds)

08.00-08.30	Arrival and Greetings
08.30-08.50	Free time play
08.50-09.00	Clean up and wash hands
09.00-09.15	Breakfast( warm kasha and rice milk)
09.15-09.35	Morning Circle Time
09.35-10.05	Morning Lesson
10.05-10.15	Wash hands
10.15-10.30	Snack time ( juice and cookie)
10.50-11.30	Morning Lesson ( Additional classes)
11.30-11.40	Bathroom break
11.40-12.10	Outside or Indoor play
12.10-12.20	Wash hands
12.20-12.50	1 <sup>st</sup> court (soup with bread or nana)
12.50-13.00	Brush teeth and Pajamas
13.00-14.00	Rest and nap time
14.00-14.10	Dress up, wash hands and face, put beds away
14.10-14.40	2 <sup>nd</sup> court (meat, rice and noodles. Vegetables or fruit)
14.45-15.15	Brush teeth
15.20-15.40	Closing Circle Time
15.40-15.50	Wash hands
15.50-16.00	Snack time ( milk or yogurt with biscuit)
16.00	Early leave
16.00-16.30	Free time play
16.30-16.45	Wash hands
16.45-17.00	Snack time (water with biscuit)
17.00-17.30	Story time
17.30-18.00	Prepare for dismissal and play